

OCTOBER 2009 SNACKS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Birthday snacks: Edy's or Breyer's all natural frozen fruit bars</p>				<p>1 Frito Lay Sun Chips & Mott's 100% apple juice ----- Same as AM</p>	<p>2 Kraft Handi-Snack pretzels 'n cheese dip ----- Nabisco Mini Saltines & Kraft American cheese</p>	<p>3</p>
<p>4</p>	<p>5 Kellogg's Nutri- Grain cereal bars & Kirkland 2% milk ----- Same as AM</p>	<p>6 Thomas' bagels & Lucerne cream cheese ----- Same as AM</p>	<p>7 Sunshine Cheez-its & Simply Orange 100% orange juice ----- Same as AM</p>	<p>8 Rold Gold pretzels & Kraft string cheese ----- Same as AM</p>	<p>9 NO SCHOOL</p>	<p>10</p>
<p>11</p>	<p>12 NO SCHOOL</p>	<p>13 Trader Joe's white cheddar corn puffs & Danimals drinkable yogurt ----- Same as AM</p>	<p>14 Nabisco Barnum animal crackers & 1/2 banana ----- Same as AM</p>	<p>15 Stacy's pita chips & Basha hommus ----- Same as AM</p>	<p>16 Nabisco Barnum animal crackers & 1/2 banana ----- Trader Joe's organic corn chips & Mott's all natural fruit snacks</p>	<p>17</p>
<p>18</p>	<p>19 Kashi Mighty Bites cereal & Kirkland 2% milk ----- Rold Gold pretzels & Minute Maid 100% juice boxes</p>	<p>20 Trader Joe's 12 grain mini crackers & Land O' Lakes cheddar cheese ----- Same as AM</p>	<p>21 World Gourmet Veggie Straws & Mott's 100% apple juice ----- Same as AM</p>	<p>22 Honey Maid graham crackers & Mott's 100% applesauce ----- Same as AM</p>	<p>23 Ritz crackers & Kraft string cheese ----- Same as AM</p>	<p>24</p>
<p>25</p>	<p>26 Nabisco Nilla wafers & Yoplait natural flavors gogurt ----- Same as AM</p>	<p>27 Kirkland tortilla chips & Chi-Chi's mild salsa ----- Same as AM</p>	<p>28 Rold Gold pretzels & Trader Joe's apple slices ----- Same as AM</p>	<p>29 Nabisco Teddy Grahams & Kirkland 2% milk ----- Same as AM</p>	<p>30 Nabisco Wheat Thins & Kraft American cheese ----- Same as AM</p>	<p>31</p>